



RESULTS

	Record	Name	NPC Code	Location	Date
WR	15:20.48	LEDECKY Katie	USA	Indianapolis (USA)	16 MAY 2018
AF	16:05.63	TROTT Wendy	RSA	Shanghai (CHN)	25 JUL 2011
GR	17:03.22	TAMMADGE Roxanne	RSA	Maputo (MOZ)	10 SEP 2011

Final

Event No. 5

Rank	Lane	Name	NPC Code	R.T.	Time	Time Behind		
1	4	VAN RENSBURG CF	RSA	0.74	16:47.61	GR		
	50m (1) 30.47	100m (1) 1:03.44 32.97	150m (1) 1:36.91 33.47	200m (1) 2:10.24 33.33	250m (1) 2:43.76 33.52	300m (1) 3:17.31 33.55	350m (1) 3:50.89 33.58	400m (1) 4:24.82 33.93
	450m (1) 4:58.65 33.83	500m (1) 5:32.56 33.91	550m (1) 6:05.99 33.43	600m (1) 6:39.85 33.86	650m (1) 7:13.64 33.79	700m (1) 7:47.37 33.73	750m (1) 8:21.05 33.68	800m (1) 8:54.76 33.71
	850m (1) 9:28.74 33.98	900m (1) 10:02.61 33.87	950m (1) 10:36.61 34.00	1000m (1) 11:10.26 33.65	1050m (1) 11:44.21 33.95	1100m (1) 12:18.16 33.95	1150m (1) 12:52.23 34.07	1200m (1) 13:25.88 33.65
	1250m (1) 13:59.85 33.97	1300m (1) 14:33.84 33.99	1350m (1) 15:07.57 33.73	1400m (1) 15:41.14 33.57	1450m (1) 16:14.77 33.63			
2	5	HAMED Lojine	EGY	0.76	17:13.46	25.85		
	50m (2) 30.60	100m (2) 1:04.13 33.53	150m (2) 1:37.15 33.02	200m (2) 2:11.41 34.26	250m (2) 2:45.38 33.97	300m (2) 3:19.52 34.14	350m (2) 3:53.30 33.78	400m (2) 4:27.65 34.35
	450m (2) 5:02.06 34.41	500m (2) 5:36.80 34.74	550m (2) 6:11.32 34.52	600m (2) 6:46.08 34.76	650m (2) 7:20.92 34.84	700m (2) 7:56.09 35.17	750m (2) 8:31.04 34.95	800m (2) 9:06.20 35.16
	850m (2) 9:40.32 34.12	900m (2) 10:15.48 35.16	950m (2) 10:50.01 34.53	1000m (2) 11:24.86 34.85	1050m (2) 11:59.66 34.80	1100m (2) 12:34.49 34.83	1150m (2) 13:09.47 34.98	1200m (2) 13:44.80 35.33
	1250m (2) 14:19.83 35.03	1300m (2) 14:55.15 35.32	1350m (2) 15:30.27 35.12	1400m (2) 16:05.56 35.29	1450m (2) 16:39.76 34.20			
3	3	SANTO Rafaela	ANG	0.75	18:38.70	1:51.09		
	50m (4) 32.09	100m (3) 1:06.69 34.60	150m (3) 1:42.80 36.11	200m (3) 2:19.22 36.42	250m (3) 2:56.32 37.10	300m (3) 3:33.19 36.87	350m (3) 4:10.31 37.12	400m (3) 4:47.72 37.41
	450m (3) 5:25.38 37.66	500m (3) 6:03.01 37.63	550m (3) 6:40.31 37.30	600m (3) 7:18.14 37.83	650m (3) 7:55.41 37.27	700m (3) 8:33.26 37.85	750m (3) 9:10.87 37.61	800m (3) 9:48.66 37.79
	850m (3) 10:26.25 37.59	900m (3) 11:04.39 38.14	950m (3) 11:42.12 37.73	1000m (3) 12:19.81 37.69	1050m (3) 12:58.14 38.33	1100m (3) 13:35.95 37.81	1150m (3) 14:13.59 37.64	1200m (3) 14:51.30 37.71
	1250m (3) 15:29.60 38.30	1300m (3) 16:07.56 37.96	1350m (3) 16:45.70 38.14	1400m (3) 17:23.68 37.98	1450m (3) 18:01.64 37.96			
4	6	WESTERDUIN Reza	NAM	0.65	18:50.33	2:02.72		
	50m (3) 31.26	100m (4) 1:06.87 35.61	150m (4) 1:43.29 36.42	200m (4) 2:20.55 37.26	250m (4) 2:57.68 37.13	300m (4) 3:35.32 37.64	350m (4) 4:13.17 37.85	400m (4) 4:50.88 37.71
	450m (4) 5:29.16 38.28	500m (4) 6:07.24 38.08	550m (4) 6:45.52 38.28	600m (4) 7:23.71 38.19	650m (4) 8:02.32 38.61	700m (4) 8:40.16 37.84	750m (4) 9:18.53 38.37	800m (4) 9:56.72 38.19
	850m (4) 10:34.94 38.22	900m (4) 11:13.14 38.20	950m (4) 11:51.67 38.53	1000m (4) 12:30.53 38.86	1050m (4) 13:08.57 38.04	1100m (4) 13:46.26 37.69	1150m (4) 14:24.81 38.55	1200m (4) 15:03.17 38.36
	1250m (4) 15:41.67 38.50	1300m (4) 16:20.38 38.71	1350m (4) 16:58.61 38.23	1400m (4) 17:36.43 37.82	1450m (4) 18:13.71 37.28			
5	7	NABBIE Tasmin	RSA	0.79	20:48.87	4:01.26		
	50m (5) 34.94	100m (5) 1:12.41 37.47	150m (5) 1:50.98 38.57	200m (5) 2:31.57 40.59	250m (5) 3:12.31 40.74	300m (5) 3:53.77 41.46	350m (5) 4:34.76 40.99	400m (5) 5:16.55 41.79
	450m (5) 5:58.26 41.71	500m (5) 6:39.72 41.46	550m (5) 7:21.39 41.67	600m (5) 8:03.21 41.82	650m (5) 8:45.38 42.17	700m (5) 9:27.62 42.24	750m (5) 10:09.27 41.65	800m (5) 10:51.40 42.13
	850m (5) 11:33.97 42.57	900m (5) 12:16.53 42.56	950m (5) 12:59.10 42.57	1000m (5) 13:41.61 42.51	1050m (5) 14:24.46 42.85	1100m (5) 15:07.75 43.29	1150m (5) 15:51.04 43.29	1200m (5) 16:34.06 43.02
	1250m (5) 17:17.15 43.09	1300m (5) 18:00.60 43.45	1350m (5) 18:44.90 44.30	1400m (5) 19:27.50 42.60	1450m (5) 20:07.89 40.39			
6	2	IRISHURA Lois Eliora	BDI	0.87	22:11.08	5:23.47		
	50m (6) 35.43	100m (6) 1:14.94 39.51	150m (6) 1:56.64 41.70	200m (6) 2:38.76 42.12	250m (6) 3:23.15 44.39	300m (6) 4:07.13 43.98	350m (6) 4:52.28 45.15	400m (6) 5:35.92 43.64
	450m (6) 6:21.29 45.37	500m (6) 7:06.55 45.26	550m (6) 7:51.15 44.60	600m (6) 8:35.61 44.46	650m (6) 9:21.11 45.50	700m (6) 10:05.59 44.48	750m (6) 10:50.48 44.89	800m (6) 11:35.55 45.07
	850m (6) 12:21.27 45.72	900m (6) 13:06.12 44.85	950m (6) 13:51.73 45.61	1000m (6) 14:36.52 44.79	1050m (6) 15:21.80 45.28	1100m (6) 16:07.25 45.45	1150m (6) 16:53.23 45.98	1200m (6) 17:38.36 45.13
	1250m (6) 18:23.43 45.07	1300m (6) 19:09.24 45.81	1350m (6) 19:54.89 45.65	1400m (6) 20:40.86 45.97	1450m (6) 21:26.65 45.79			

Legend:	AF African record	GR Games Record	R.T. Reaction time	WR World record
----------------	--------------------------	------------------------	---------------------------	------------------------